Transformed: Physical Health
Speaker: Dave Nelson

The Big Idea: Who you're becoming is way more important than what you're accomplishing. God's purpose for your life is to reshape and transform you as a whole person... so that over time you begin to look more and more like Jesus.

Stay Connected: Swing by the info table to pick up a personal guide for prayer, Bible reading and response. This will help you to connect back to the talks throughout the week. Another option is to visit greatlakeschurch.com/transformed and download the guide.

Memory verse for this series: Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect. Romans 12:2

- My body was created _________ God, _________ God, to ________________ God.

- The best way to take care of my physical health is to ________________ my life.

...my __________________________

...my __________________________

...divert daily... withdraw weekly... abandon annually...

...my __________________________

FYI: Our church uses multiple methods of communication for the weekly talks. Regardless of the method being used today (live or on video), our goal is life transformation! We hope this is your experience.

NOTES:

Other verses used in this talk: 1 Corinthians 10:31; Romans 12:1-2; Psalm 139:13; Colossians 1:16; Revelation 4:11; 1 Corinthians 6:19-20; Proverbs 14:30; 1 Corinthians 6:12; Ecclesiastes 3:13; Proverbs 27:17; Romans 8:1-2

WHAT'S YOUR NEXT STEP DURING THIS SERIES?
□ Memorize the key Bible verse for this series (Romans 12:2)
□ ______________________________________________________

WANT TO WATCH OR LISTEN TO TODAY’S TALK AGAIN OR FIND RESOURCES THAT APPLY TO IT?
• Check out www.greatlakeschurch.com (click on the logo for the current series)

KENOSHA & WEEKENDS ON WEDNESDAY CAMPUS LADIES
• WHO? The ladies of our Kenosha & WOW Campuses (18+ yrs)
• WHAT? A road rally where you and 4-5 other ladies will be driving around town... solving puzzles, riddles, and decoding things to reach an end goal. The fastest team wins, so get ready to hit the gas!
• WHEN? Friday, October 17th (6p)
  6-6:30p – Check in and meet your team
  6:30-6:45pm – Teams will gather together
  6:45p – Official start (rules read and teams dismissed)
  10p – Award ceremony
  10:15-11:30p – After party

Sign up online or at info table before 4pm on Sunday, October 12th

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