Transformed: Mental Health
Speaker: Dave Nelson

The Big Idea: Who you're becoming is way more important than what you're accomplishing. God's purpose for your life is to reshape and transform you as a whole person... so that over time you begin to look more and more like Jesus.

Stay Connected: Swing by the info table to pick up a personal guide for prayer, Bible reading and response. This will help you to connect back to the talks throughout the week. Another option is to visit greatlakeschurch.com/transformed and download the guide.

• I ___________________ what I __________________ about.

Memory verse for this series: Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. Romans 12:2

Four Healthy Foods to Feed My Mind:
1) _______________________________
2) _______________________________
3) _______________________________
4) _______________________________

Other verses used in this talk: Romans 8:5; Philippians 4:8; 2 Corinthians 10:3-4; Psalm 25:5; Psalm 119:105; Psalm 119:147; 1 Thessalonians 5:16-18; Hebrews 10:24

WHAT’S YOUR NEXT STEP DURING THIS SERIES?
□ Memorize the key Bible verse for this series (Romans 12:2)
□ _______________________________

WANT TO WATCH OR LISTEN TO TODAY’S TALK AGAIN OR FIND RESOURCES THAT APPLY TO IT?
• Check out www.greatlakeschurch.com (click on the logo for the current series)

WATER BAPTISMS
• The next water baptisms are taking place at our Weekends on Wednesday service on Wednesday, November 12th (7-8pm). If you’re ready to take this step in your life, check the “water baptism” box on your connection card and we’ll email you information.
Transformed: Mental Health  
Speaker: Dave Nelson

**The Big Idea:** Who you're becoming is way more important than what you're accomplishing. God’s purpose for your life is to reshape and transform you as a whole person... so that over time you begin to look more and more like Jesus.

**Stay Connected:** Swing by the info table to pick up a personal guide for prayer, Bible reading and response. This will help you to connect back to the talks throughout the week. Another option is to visit greatlakeschurch.com/transformed and download the guide.

- I ______________________ what I _______________________ about.

**Memory verse for this series:** Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect. Romans 12:2

Four Healthy Foods to Feed My Mind:

1) ___________________________
2) ___________________________
3) ___________________________
4) ___________________________

**FYI:** Our church uses multiple methods of communication for the weekly talks. Regardless of the method being used today (live or on video), our goal is life transformation! We hope this is your experience.

**Other verses used in this talk:** Romans 8:5; Philippians 4:8; 2 Corinthians 10:3-4; Psalm 25:5; Psalm 119:105; Psalm 119:147; 1 Thessalonians 5:16-18; Hebrews 10:24

**WHAT’S YOUR NEXT STEP DURING THIS SERIES?**
- Memorize the key Bible verse for this series (Romans 12:2)

**WANT TO WATCH OR LISTEN TO TODAY’S TALK AGAIN OR FIND RESOURCES THAT APPLY TO IT?**
- Check out www.greatlakeschurch.com (click on the logo for the current series)

**WATER BAPTISMS**
- The next water baptisms are taking place at our Weekends on Wednesday service on Wednesday, November 12th (7-8pm). If you’re ready to take this step in your life, check the “water baptism” box on your connection card and we’ll email you information.